

FAQs

If you don't find an answer, please reach out to us at info@3oclockwakeup.com

1. I've never heard of Laura. Why should I take a chance on someone new?

That's a totally understandable concern. We've made it easy for you to try out the first session of both studies.

To see RESILIENT Session 1: <https://www.3oclockwakeup.com/resilientsession1>

To See Holy What?! Session 1: <https://www.3oclockwakeup.com/holywhatsession1>

If you're still not sure, just reach out to us and we can send you more.

You can also watch a short video of women talking about how her studies have changed their lives. <https://youtu.be/ipMDC1WK2SA>

2. This looks great! How do I get started?

Each person taking the study will order their workbook from our website [HERE](#)

After ordering, they'll get a confirmation email with instructions on how to set up an account so they can access the videos.

3. Why do people have to set up accounts?

People set up accounts in order to access the seven session videos, so if they miss a session or want to re-watch, they can do so anytime.

They'll also have access to leadership training materials if they are, or want to become, small group leaders.

4. We will watch the videos as a group, do you offer DVDs?

Yes. We can also put the videos on a thumb drive for you. Just let us know how you'd like to have them.

5. Can I just just order the workbooks in bulk and manage the signup process myself?

Yes. We would you to share your attendee list with us, so we can set each woman up with an account so they can access the videos and leader training materials on their own as they wish.

6. Will you help promote and launch the study?

Yes! We will provide you with graphics for church announcements, website banners and information, as well as printable cards to be handed out in the lobby after the service. They have QR codes with registration links so women can sign up on the spot.

In addition, Laura can come and do a “Kick Off Session” to get us the study going. If your church is within a 30 mile radius of Boulder and has 200 women signed up, she will speak at the first session for free to launch the study ([Here's a video of what that looks like](#)). If you're beyond 30 miles, we'd be happy to help set something up. Just contact dan@3oclockwakeup.com

7. Do you help set up small groups?

Given the unique nature of each church and the complexity of setting up and maintaining group cohesion, this is something we leave up to individual churches. We provide plenty of discussion materials, and have videos of leader training such that each group can run smoothly.

8. We don't have a Women's Ministry director. Who can run the study?

Each of our Session videos are structured to run themselves, with the introduction and small group assignments/ questions baked in. Churches in your situation have had the person in charge of small groups reserve a room and start the video. The rest takes care of itself.

When they've chosen not to have an in-person study, they've offered our studies as small group curriculum, to be taken on each group's timeline.

We also provide you with all the promotional materials you need to get the word out

9. If women are signing up on their own, how will I know how many people to accommodate?

We'll share that information with you every week.

Need more information? Please reach out to us: info@3oclockwakeup.com